

Happy National Adoption Day!



Submitted by [Robyn Nance](#), Good Morning Northwest Anchor
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Downtown Spokane



“It's the best work day of the year!” That's what Spokane County Court Commissioner, Steve Grovdahl told me about today, National Adoption Day. As a commissioner, he will oversee some of the dozen adoptions that will be performed today in Spokane.

Among today's proceedings, the adoption of Baby Henry. He is a precious 4 month old, who visited us on Good Morning Northwest (and we all fell in love with him). He has been in the care of Nina and Ben Helms since birth.

They went through adoption attorney, Mark Iverson who hooked them up with a private adoption firm. Theirs is an open adoption, which means, they have regular meetings with Henry's biological mother and siblings.

Commissioner Grovdahl says there are no cookie-cutter adoptions or adoptive situations. You don't have to have an open adoption, it has to be what's best for the biological and the adoptive families. Adoptive parents aren't cookie-cutter, either. They come in a variety of ages, races, marital statuses, etc.

The Spokane County Courts hold an adoption party for the families, today. They have treats and balloons and gifts.

For the Helms, Henry is their greatest gift and he may be just the first.